

# SEAFOOD

Served with salad OR choose two of the following: baked, mashed, french fries, rice, vegetable, coleslaw  
*Seafood preparations-Fried, \$gluten free fried, broiled with garlic sesame, broiled with lemon*  
*gfo=gluten free option*

## \*FISH AND CHIPS | 11.99

The local favorite...fresh wild caught Atlantic haddock served with fries and slaw

**HADDOCK DINNER** Fresh wild caught Atlantic haddock | **15.99**

**BROILED HADDOCK WITH GARLIC PARMESAN STUFFING** | **17.99**

**SCALLOPS** Cobscook

Small **17.99** | Large **19.99**

**WHOLE BELLY CLAMS**-fried only

Small **16.99** | Large **18.99**

**BELLAMY'S BOUNTY OF THE SEA** | **29.99**

Haddock, scallops, and clams-sorry no substitutions

**COMBINATION PLATTER** | **26.99**

Choose two of your favorites: clams, scallops, haddock

**SURF AND TURF** | **29.99**

10 oz Hand cut prime sirloin and your choice of clams, scallops, or haddock

**ALWAYS LOCALLY SOURCED 1 1/4 lb LOBSTER-gfo** | **MARKET**

1 1/4 lb lobster served with drawn butter

**MACHIASPORT STEAMED CLAMS-gfo** | **MARKET, SEASONAL**

Small soft shell clams with drawn butter and broth, *no sides included*

# PASTA

Homemade Marinara is vegetarian and **gluten free**

**SPAGHETTI & HOMEMADE MEATBALLS** with house salad, garlic bread | **14.50**

**CHICKEN PARMESAN** Hand breaded chicken, marinara, salad, garlic bread | **14.50**

**FETTUCCHINE ALFREDO** with salad, garlic bread | **10.99** Add Chicken 4.50

# CHICKEN

Served with salad **OR** choice of two of the following baked, mashed, french fries, rice, vegetable, coleslaw

**CHICKEN DINNER** Deep fried or charbroiled boneless, skinless breast | **10.50**

**CHICKEN CRITTERS** Fresh hand breaded and dipped chicken breast pieces | **10.50**

**SPICY DOWNEAST TENDERS** Grilled tenders in our SPICY rub | **10.50**

# BEEF

Served with salad **OR** choice of two of the following baked, mashed, french fries, rice, vegetable, coleslaw  
*Gluten free gravy available \$*

**MEATLOAF DINNER** Our own recipe topped with gravy | **10.99**

**HELEN'S CLASSIC POT ROAST** Slow roasted with gravy | **10.99**

**BEEF LIVER AND ONIONS-gfo** Smothered with grilled onions | **10.99**

**FILET MIGNON-gfo** 6 oz charbroiled prime filet of beef | **17.99**

**RIB EYE STEAK-gfo** 14 oz charbroiled hand cut choice rib eye | **24.99**

20% GRATUITY MAY BE ADDED TO PARTIES OF 6 OR MORE.  
RAW OR UNDERCOOKED FOOD MAY INCREASE THE RISK OF FOOD-BORNE ILLNESS.  
PLEASE CHECK WITH YOUR PHYSICIAN WITH CONCERNS ABOUT CONSUMING RAW OR UNDERCOOKED FOODS.