

SEAFOOD

Choice of two of the following baked potato, garlic red skin mashed potato, french fries, garden veggie rice, vegetable, coleslaw
Seafood preparations-Fried, broiled with garlic sesame, broiled with lemon, blackened, sautéed in butter
gfo=gluten free option, seafood can be fried with our gluten free breading for an extra \$2.00 but fryer is not celiac safe

FISH AND CHIPS | 12.99

The local favorite...fresh wild caught Atlantic haddock served with fries and slaw

HADDOCK DINNER Fresh wild caught Atlantic haddock | 16.99

BROILED HADDOCK WITH GARLIC PARMESAN STUFFING | 17.99

SHRIMP New Brunswick Small 17.25 | Large 19.25

SCALLOPS Cobscook Small 17.99 | Large 19.99

WHOLE BELLY CLAMS-fried only Small 17.99 | Large 19.99

BELLAMY'S BOUNTY OF THE SEA | 30.99

Shrimp, haddock, scallops, and clams-fried only, sorry no substitutions

COMBINATION PLATTER | 27.99

Choose two of your favorites: clams, scallops, haddock, shrimp

SURF AND TURF | 29.99

Hand cut filet mignon and your choice of clams, scallops, haddock, or shrimp

1 1/4 lb LOBSTER-gfo | MARKET, SEASONAL

MACHIASPORT STEAMED CLAMS-gfo | MARKET, SEASONAL

Small soft shell clams with drawn butter and broth, no sides included

PASTA

Homemade Marinara is vegetarian and gluten free

SPAGHETTI & HOMEMADE MEATBALLS

with house salad, garlic bread | 14.99

CHICKEN PARMESAN

Fried hand breaded chicken, marinara, salad, garlic bread | 14.99

FETTUCCHINE ALFREDO

with salad, garlic bread | 11.99 Add veggies, steak, seafood or chicken

CHICKEN

Choice of two of the following baked, mashed, french fries, garden veggie rice, vegetable, coleslaw
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STICKY FINGERS Fresh hand breaded chicken tenders tossed in our own

finger licking sweet and spicy sauce 11.99

CHICKEN CRITTERS

Fresh hand breaded and dipped chicken breast pieces | 10.99

SPICY DOWNEAST TENDERS-gfo

Grilled tenders in our SPICY gluten free rub | 10.99

BEEF

Choice of two of the following baked, mashed, french fries, garden veggie rice, vegetable, coleslaw
Gluten free gravy available \$

MEATLOAF DINNER Our own recipe topped with gravy | 11.99

HELEN'S CLASSIC POT ROAST Slow roasted with gravy | 10.99 gluten free gravy available

BEEF LIVER AND ONIONS-gfo Smothered with grilled onions | 10.99

FILET MIGNON-gfo charbroiled prime filet of beef | 19.99

RIB EYE STEAK-gfo 14 oz charbroiled hand cut choice rib eye | 25.99

20% GRATUITY MAY BE ADDED TO PARTIES OF 6 OR MORE.

RAW OR UNDERCOOKED FOOD MAY INCREASE THE RISK OF FOOD-BORNE ILLNESS.
PLEASE CHECK WITH YOUR PHYSICIAN WITH CONCERNS ABOUT CONSUMING RAW OR UNDERCOOKED FOODS